

ICU BOWEL PROTOCOL FOR SPINE INJURED PATIENT

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Date: _____

Time: _____

ICU bowel protocol for spine injured patient

- a) Perform manual bowel check once daily on all patients with a neurologic deficit q 0600h
- b) Bisacodyl suppository 10 mg PR q 0600h preceded by digital stimulation (administer only if patient has a bulbocavernosus reflex)
- c) If bulbocavernosus reflex has not yet returned, assess daily for bulbocavernosus reflex at 0600h
- d) If patient has no bulbocavernosus reflex, provide digital stimulation and perform manual disimpaction q 0600h
- e) Perform bowel check for stool and repeat digital stimulation on all patients with neurologic deficit q 0800h
- f) Docusate 200 mg NG once daily at 1000h, and continue after bowel movement
- g) Bisacodyl TWO tablets NG once daily at 2200h, and continue after bowel movement
- h) If no bowel movement within last 48hrs give:
 - 1) Milk of Magnesia 30 mL NG once daily at 2200h and
 - 2) Cascara 15 mL NG once daily at 2200h
 - 3) If no bowel movement within 24 hrs in response to above give:
 - 4) Milk of Magnesia 30 mL NG at 2200h and
 - 5) Cascara 15 mL NG at 2200h and
 - 6) Discuss with MD further cathartics (e.g. 150 mL of Magnesium Citrate NG X 1 dose)

Physician Signature
BPICUS

Printed Name/PIC
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